

„PLAY IT OUT...“

Play therapy and Music therapy

Saturday, 21 March 2020, Dijaški Dom Drava Maribor

Registration and information: www.institutknoll.eu and prijava.ik@yahoo.com

We kindly invite you to our international symposium on play and music therapy with a guest lecturer from Portugal/Great Britain, mag. Fillipa Alvarez!

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9.00-9.15	Opening Ceremony
9.15-10.45	Mag. Filipa Alvarez: <i>PLAY THERAPY – Healing Through Play</i>
10.45-11.15	Coffee break
11.45-12.30	Špela Loti Knoll, mag.: <i>MUSIC THERAPY – I Will Tell You with My Music</i>
12.30-13.15	Claudia Bajs, mag.: <i>MUSIC THERAPY – A Space for Interpersonal Connection</i>
13.15-14.30	Lunch break
14.30-15.45	WORKSHOPS
16.00-17.15	Group A) mag. Filipa Alvarez: <i>PLAY THERAPY</i> Group B) Špela Loti Knoll, mag.: <i>MUSIC THERAPY</i>
17.15-18.00	Group A) Claudia Bajs, mag.: <i>MUSIC THERAPY</i> Group B) mag. Filipa Alvarez: <i>PLAY THERAPY</i>
	Closing ceremony

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Registration information:

Please fill out the registration form and send it to the following e-mail address: prijava.ik@yahoo.com and pay the registration fee to the following bank account:

Hranilnica LON, Bleiweisova cesta 2, 4000 Kranj, TRR: SI56 6000 0000 0444 331
Institut Knoll, Srebotje 1, 2212 Šentilj v Slovenskih goricah, Slovenija

Registration fee:

Regular fee: 90€ (60€ for students and the unemployed)

Location: College Campus Dijaški Dom Drava, Smetanova ulica 67, 2000 Maribor.
Lunch is possible with a payment at the location.

Registration form is available at: www.institutknoll.eu

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Lecturers:

PLAY THERAPY – Healing through play

Play therapy is a form of creative therapy, which helps the child to understand confusing and unpleasant emotions and situations when he himself is not capable to do so. A child's play is his primary form of communication within at his own level and time period.

Filipa Alvarez (Portugal)



My original background (1998, in Portugal) is as a psychologist (clinical area, with particular focus on Child Psychology). I also completed a MSc in Forensic Psychology (2002, in Portugal), where I specialised in Child Protection. In the UK, I work as a qualified Play Therapist (MA in Play Therapy, 2011, BAPT registered) mainly with looked after children and adopted children but also in some other settings. I also work as a registered clinical supervisor for Play Therapists (qualified and trainees) and Clinical Psychologists in the UK and abroad and as a trainer (Play Therapy and Adoption). I completed Theraplay® Levels 1 and 2, DDP Level 1, Filial Therapy and also Therapeutic Life Story Work. I have been attending trainings in Sensory Integration for fostered and adopted children, to better inform my clinical practice. I hold a Diploma in Creative Supervision with the London Centre of Psychodrama. Currently, I am completing the Theraplay® Foundation Certification (Practicum).
I am certified as a Yoga Teacher for adults and children.

International Symposium

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MUSIC THERAPY – I will tell you with my music

Music therapy is a profession with the focus on a three-way process between a therapist, a client and the music. The music helps to create a safe space for communication. It helps the client to meet their problems, express their feelings and improve their well-being. Case studies will give us an insight in the alternative communication space, which music can provide.

Špela Loti Knoll (Slovenia)



Music is my constant companion on my professional path. I got my bachelor's degree as an oboe professor at the Music Academy in Ljubljana in 2001 and my Master's degree in Music therapy at Cambridge ARU University in Great Britain in 2005.

Between 2004 and 2010, I conducted six music and art therapy projects in Bosnia and Hercegovina with creative art therapy students from all over the world. I work as a music therapist with children and youngsters with trauma, behavioural and emotional difficulties and developmental issues and with adults with mental health problems. In 2014, I founded the Knoll Institute for Music Therapy and Supervision together with Claudia Bajs with the goal of starting the first Music Therapy study programme in Slovenia.

MUSIC THERAPY – A space for interpersonal connection

Presentation will focus on special moments that music enables in a relationship between a client and therapist. Short videos from therapeutic work with children and youngsters with special needs will give us an insight into many opportunities that music and its basic elements can give us.

Claudia Bajs (Germany / Slovenia)



I am a music therapist (bachelors in 2007), a supervisor and personal and organisational coach (masters in 2015) and a co-founder of the Knoll Institute for Music Therapy and Supervision. I am the Slovenian representative at the European Confederation for Music Therapy (EMTC), a licenced supervisor (SKOS) and a member of the Slovenian, Austrian and German music therapy associations.

In the music therapy field, I work with children, youngsters, adults and the elderly with different needs. My focus of interest is music therapy with individuals with developmental disabilities and dementia. I conduct supervision for professionals, seminars on music therapy and lecture on music therapy abroad. I am currently employed as a music therapist at the Psychiatric Department at Krankenhaus der Barmherzigen Brüder Graz and at the Gerontopsychiatric Centre in Graz.

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